

# ITCMI BEHAVIORAL HEALTH DIVISION QUARTERLY UPDATES – (JULY-SEPT.) 2024



## Gambling Disorder Initiative – Lisa Moran, Director



- Offer monthly NODS Assessment Training to all 12 tribes. This is a screening tool to identify Gambling Problems. Hosted a training on 7/23. Our next training will be 10/22.
  - Offer monthly Gambling Disorder Training to all 12 tribes & communities via Zoom, in person or it can be done remotely on your own time. You can earn CEUs through MCBAP upon completion. I hosted trainings on 7/17 & 9/18.
  - Presented our Youth Gambling Presentation to some staff at Lake Superior University. We had 16 participants. For FY24 we presented to 357 students/staff.
  - Attend monthly Gambling trainings/webinars.
  - We received our PSA Summary report for March – September 2024 from Spectrum on our Gambling Recovery video.
- Streaming TV & Addressable online video we had 522,590 total impressions. We had 516,451 completions. Our completion rate was 98.83%, meaning of those who viewed the airing viewed entire PSA from start to finish. For cable TV we had 7,826 Airings. Our streaming & addressable online video campaigns are performing significantly above national averages.
  - Contracted with Lamphere Visuals to create a video on an individual's story from Keweenaw Bay Indian Community on her gambling recovery. We will use the 3 min—video for our training's, our website/social media. The 30 sec video is what we will use for our PSA's. We will contract with Spectrum to run this PSA on the 2024-2025 NHL Red Wings Season. Here are the YouTube links to view video:  
3:00 - <https://youtu.be/LyBoEp7qaJs> : 30 - <https://youtu.be/RUfO8PN46oc>

## Anishnaabek Strategic Prevention Framework Initiative – Cody Jodoin, Assistant Director



- Conduct monthly Michigan Tribal Prevention Coalition meetings (roughly 200 members affiliated with Tribal/State/Federal agencies).
  - Hosted a two day, in person training “Ethical Considerations for Peer Recovery Coaches Training” in conjunction with Peer 360 Recovery Alliance, held in Sault Ste. Marie on 8/1 – 8/2. There were 12 participants & 4 facilitators from various tribal communities.
  - Continuing to work with Michigan Public Health Institute (MPHI) to develop a Tribal Community Primary Prevention logic model that fits the Strategic Prevention Framework Model.
  - Smudge kits are consistently requested as primary prevention tools. We purchased 300 smudge kits from Dancing Crane in Bay Mills, MI to distribute to all interested Tribal Behavioral Health Departments in October.
  - The smudge kits will be used by tribal program staff for direct services activities or distributed to tribal clients at the discretion of each individual program.
- Finalized contract with Spectrum for FY24 campaign which will run through 11/30. This will feature “Teaching Our Children” prevention video that we produced through ITCMI & Lamphere Visuals.
  - Conducted a survey to identify common industry trends towards BH professional career satisfaction. From the results we will help initiate positive change in the day-to day professional environment. Survey was open from 4/2 – 7/20. Total of 50 respondents.

## Anishnaabek Healing Circle – Medications for Opioid Use Disorder (MOUD) Initiative – Melissa Colby, Program Manager



- Tribal Peer Recovery Coach Academy was hosted at GTB. Nine Michigan Tribes sent Peer Recovery Coaches to a 4 day training. Thirty Peer Recovery Coaches that work in tribal communities completed the training.
- Medication Lock Box Project—ITCMI collaborated with Indian Health Services to distribute medication lock boxes to tribal members in MI. IHS will contact tribal pharmacies and health directors. ITCMI will contact behavioral & community health departments to determine need and identify citizens for these boxes (elders, individuals with opioid use disorder, and patients with prescription pain medications in the house). Currently 6 Michigan Tribes reserved 250 boxes. Our goal is to get boxes to each of the MI Tribes for distribution.

- Harm Reduction Vending Machine—3 MOUD tribal partners are at different stages of implementing a harm reduction vending machine on tribal property. These are popular options for getting free harm reduction supplies into communities. Vending machines are stocked with Narcan, safe sex supplies, hygiene items, HIV/Hepatitis tests & these are available at no charge. The Tribes are the first entities in their region to have a machine like this installed for community access.
- Pokagon Band installed 3 Harm Reduction Vending Machines on tribal properties. One machine is currently in production & will be placed on Bay Mills Tribal Property. GTB plans to order & install one vending machine in FY25.
- Strategic Planning for Behavioral Health Network (BHCN) will review & update the 2019 strategic planning document created by this network in partnership with Michigan Public Health Institute. Updates will include new approaches & priorities for opioid use disorder treatment, prescription abuse prevention strategies, and telehealth implements. Harm reduction priorities for providers & communities will be addressed.
- We have an additional collaboration with Indian Health Services to help coordinate free access to fentanyl test strips for the tribes. These are out of stock at many of the sources available to the public. For more information please contact me.
- Going into Year 3 (of 5) for MOUD Initiative we want to hear back from other MI Tribes if there is need for resources, strategies or supplies that can improve MOUD access & programming for their tribal members/community. If education/supplies are needed in the following areas, it is possible that funds could become available to assist other tribes: medications for opioid use disorder, prescription misuse, harm reduction and reducing stigma surrounding any of these topics.

### **Native Connections Initiative – Jenna Killips, Program Manager**



- This grant is intended to prevent suicide and substance misuse, reduce the impact of trauma and promote mental health through cultural activities. Subcontract with two tribes.
- Continue to meet with tribes monthly to discuss upcoming events and programming. Bi-monthly meetings with grant project officer.
- Offer monthly QPR (Question, Persuade and Refer) training to all MI tribes & communities. These are 3 steps anyone can learn to help save a life from suicide.
- Conducted two QPR trainings: 8/15 via zoom, & 8/30 held at Chippewa County Health Department. There were 15 participants. Upcoming training is scheduled for 10/23 via zoom.
- Attended the Sault Tribe Recovery Walk on 9/26. I distributed locking pill bottles, suicide prevention materials, journals, 988 crisis line information and materials. Approx. 150 participants.
- Contract with Lamar to display billboards “Culture is Prevention” that were up July & August. Total of 251,000 impressions. These were located in Sault Ste Marie, Mackinaw City & Manistee Area.
- 14 organizations are collaborating or sharing resources as a result of this grant.
- 15 individuals received training in prevention or mental health promotion.
- 92 individuals were screened at intake for mental health or related interventions.
- 350 individuals were contacted through program outreach efforts.
- 87% of screened individuals received mental health or related services after referral.
- Going into Year 5, the Strategic Plan will have a focus of developing postvention strategies and implement protocols related to postvention with the tribes.

### **SOR3 Tribal Medicated Assisted Treatment & Recover Initiative – Amanda Frazier, Program Manager**



- Subcontract with 4 tribes. Enrolled 17 clients with an opioid use disorder and/or stimulant use disorder in tribal evidence based outpatient treatment programs. 8 new clients received recovery support services & 3 clients were enrolled in residential treatment.
- Provided 15 Naloxboxes to individuals that completed the training Opioid Misuse and Overdose Prevention Training that I conduct.
- Provided harm reduction & prevention materials to 3 Tribes based on a prior needs assessment completed by all tribes.
- Bay Mills Indian Community received 25 medication lockboxes. Sault Tribe received 90 medication lockboxes & 5 Naloxboxes. Little River Band received 20 medication lockboxes.
- Trained 29 participants on administering naloxone, harm reduction & distribution strategies. We distributed 221 double dose nasal kits to communities.
- Attended 4 community events where I distributed promotional material covering Medications for Opioid Use Disorder, cultural resources, mental health, & other treatment related sources. There was a total of 186 participants at these events
- Five billboards promoting naloxone were installed in Sault Ste. Marie, Gaylord, Petoskey & Cheboygan.
- Our program hosted the Michigan Community Doula Training which was held in Brimley, MI. There were 21 participants.
- Two new tribes will be added to SOR4 initiatives for FY25 which will include Nottawaseppi & Little River Band.

**Substance Use Disorder Prevention, Treatment & Recovery Tribal Training & Technical Assistance Initiative – Arlene Kashata, Program Manager**



- Hosted a Anishinaabeg Izhitwaawin-Anishninaabeg Culture Presentation presented by Joseph Sutherland on 8/29. There were 41 participants. Great teachings integrated with the Ojibwe language.
- Hosted a Tall Cop Training presented by Jermain Galloway on 9/19. This was titled: School based Drug & Concealment Trends. He shared current drug trends & key intervention strategies that we can implement easily. There were 51 participants.
- Educational Materials sent to the new 10 White Bison Webriety Facilitators to assist with their implementation.
- Contract with LAMAR to display billboards promoting a positive behavioral health message focused on sobriety. These will be up for the next three months.

Contract with Spectrum to air our video PSAs on both television and live streaming platforms. Here are the links to the videos: Teaching Our Children: <https://youtu.be/aWRVJRdbLM>

You Are Not Alone: <https://youtu.be/O5pKFoo3hCU>



**Title VI, Mental Health Delivery Systems (MHDS), Tribal Behavioral Health Initiative (TBHI) – Christin McKerchie, Program Manager**

Title VI:

- Services provided to two tribal communities include congregate/home delivered meals, nutrition education sessions, transportation assistance and outreach and well-being initiatives.

Mental Health Delivery Systems (MHDS):

- Maintain outpatient therapy & group services.
- Prioritize recruitment for vacant clinical positions within our tribal communities to ensure

continued care.

Tribal Behavioral Health Initiative (TBHI):

- Maintain appropriate staff to increase capacity for managing the care of individuals with severe mental illness and/or co-occurring disorders while also reducing cancellation & no-show rates.
- Provide transportation assistance for appointments & daily needs such as groceries, pharmacy visits & court appointments.
- Continue to collaborate with external resources to promote social interaction & healing opportunities.
- Coordinate appointments for individuals with severe mental illness and/or co-occurring disorders.

All BH programs continue to raise awareness and create powerful messages through PSAs and billboards.

ITC applied for the Community Opioid Intervention Prevention Program (COIPP) grant. The purpose of this grant is to address the opioid crisis in AI/AN communities. If granted we would be working with all 12 tribes in MI. The selection for this grant is still in progress.

The pictures include billboards we displayed, some events we attended, opioid rescue kits we distributed & an example of a Harm Reduction Vending Machine along with the supplies it contains.

