



Inter-Tribal Council of Michigan invites families with children ages 0-5 years living in Ingham County to

NATIVE FAMILY ENGAGEMENT EVENTS

focused on culturally-based nutrition and health

Aimed at promoting healthy infant and child feeding and growth, as well as healthy habits for the whole family



Join us on Sundays:

- October 20, 2024
- November 17, 2024
- December 15, 2024
- January 26, 2025
- February 16, 2025
- March 16, 2025
- April 27, 2025
- May 18, 2025

At the Nokomis Cultural Heritage Center
2:00pm - 3:00pm

Snacks and drinks will be provided

Why Participate?

- 1** Meet and connect with other families in your community
- 2** Learn new strategies to support your children's development
- 3** Receive resources about Anishinaabe culture and language

Questions or for more information, contact Jessica Saucedo at:



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