**Lesson 8 (Nshwaaswi): Drawing the Medicine Wheel**



**Activity- Dot-to-Dot Sheets**

* Help the child connect the dots using a writing tool of their choice.
* The child can choose any color they wish.
	+ Maybe one from the Medicine Wheel or their favorite color.
* They can color in the picture when it is completed, if they choose too.
	+ Help the child hold the writing tool if needed.
* Encourage counting to each number as they connect them.
	+ The child’s lines don’t have to be perfect! Focus on the positives they are doing during the activity (see how to hold a pencil/crayon tip sheet if needed).
	+ This activity helps them with their counting and with holding a writing utensil.