

Anishnaabek Strategic Prevention Framework

Binge drinking among Michigan's Native American Population

Information from the 2017 Native American Behavioral Risk Factor Survey conducted by the Inter-Tribal Council of Michigan provided the following information regarding binge drinking in Michigan's Native American populations. For this survey binge drinking was defined as five or more alcoholic drinks in one sitting for men or four or more alcoholic drinks in one sitting for women.

Age was an indicator of being more likely to report binge drinking and the prevalence went up with age.

- 18-34: 20.8%**
- 35-44: 21.9%**
- 45-54: 22.5%**
- 55-64: 27%**
- 65+: 28%**

Females reported a higher rate of binge drinking than **males.**

- Males: 21.3%**
- Females: 25.6%**

23.5% of adult Native Americans reported binge drinking in the past month. Compared to **18% of all Michigan Adults.**

Binge drinking was relatively steady across **household income** levels but was noticeably higher for households with incomes over \$75,000

- <\$20,000: 23.6%**
- \$20,000-34,999: 21.9%**
- \$35,000-49,999: 23.2%**
- \$50,000-74,999: 21.4%**
- >\$75,000: 31.4%**

