

Nimkee Memorial Wellness Center

SUBJECT: Youth Tobacco/Nicotine Screening
& Referral Policy

POLICY NUMBER:

ISSUED BY: Health Educator

APPROVED BY:

EFFECTIVE DATE: 07/01/15

REVIEWED BY: Margaret Steslicki, Medical Clinic Director; Dr. Laura Lund, Dental Clinic Director :
Leah Markel, Health Education

PURPOSE

To reduce smoking rates among youth ages 12-18 years of age through screening, education and referrals. Nimkee Memorial Wellness Center strives to ensure excellence in health care is top priority while respecting the importance of the culture and tobacco as a sacred medicine. Nimkee staff seek to safeguard the health and wellbeing of their patients and give comprehensive services with referrals to all appropriate sources.

PHILOSOPHY

The Saginaw Chippewa Indian Tribe endorses the philosophy that every person has the right to comprehensive health services and appropriate referrals. It is recognized that tobacco is a sacred medicine and that smoking is dangerous to the health of the smoker and others close to them who may be exposed to second hand smoke.

DEFINITIONS

Nicotine Delivery Systems – A system that creates an aerosol of exhaled nicotine, ultra –fine particles, volatile organic compounds, and other toxins. Nicotine Delivery Systems can also be referred to as Vaping and include e-cigarettes, hookahs, etc.

REFERENCES

Michigan Department of Community Health; Description of what happens when the Quit-line is called.
http://www.michigan.gov/documents/mdch/3.29.12_WHAT_HAPPENS_381888_7.pdf.

POLICY

- All youth ages 12 – 18 will be screened for commercial tobacco/nicotine use at every visit in the Medical and Dental Clinics. Nicotine delivery systems will be included in the screening of youth due to the fact that many do not identify using them as smoking.
- Medical and or Dental Clinic staff will offer referrals to all who identify as positive for commercial tobacco/nicotine use, and provide comprehensive care and education to the level the patient agrees to.

PROCEDURE:

1. Youth ages 12 – 18 years of age will be screened at every visit in the Medical and / or Dental Clinics for smoking commercial tobacco and/or using any nicotine delivery devices.
 - 1.1. Medical Clinic – Documentation in RPMS/EHR Health Factors section (3 areas)
 - 1.1.1. Tobacco Screening includes patients screened for tobacco use including: Tobacco (smoking), Tobacco (smokeless-chewing/DIP), Tobacco (exposure)
 - 1.1.2. Tobacco Users assessment includes: Current smoker, Current smoker and smokeless, Cessation –smoker, Cessation-smokeless, Current smoker – status unknown, Current smoker – everyday, Current smoker- some day, Heavy tobacco smoker, light tobacco smoker.
 - 1.1.3. Patients exposed to smoker in home and environmental tobacco smoke.
 - 1.2. Dental Clinic – Documentation in Dentrax
 - 1.2.1. Documentation in Dentrax utilizing the Tobacco Screening Tool, which includes the following descriptions with details for screening: Never smoked, Tobacco smoking consumption unknown, Occasional tobacco smoker, Light tobacco smoker, Heavy tobacco smoker, Smokes tobacco daily, Smoker, and Ex-smoker.
 - 1.2.2. Utilization of Dentrax code **IH-34 (Tobacco Screening (Ages 12-18))** each time a patient between the ages of 12 and 18 years is asked about their tobacco use (may be used multiple times per patient).
 - 1.2.3. Utilization of Dentrax code **IH-35 (Tobacco Cessation Referral (Ages 12-18))** each time a patient between the ages of 12 and 18 years is given a Quit-Line card and/or referred to the patient's PCP (may be used multiple times per patient).
 - 1.2.4. Periodic reporting of the IH34 and IH35 codes will enable tracking and monitoring.
2. The Medical Clinic Nurse/MA and/or the Dental Clinic Dental Assistant will provide the youth with educational materials on tobacco use and other nicotine delivery systems as appropriate.
3. If a youth identifies they do smoke and/or use a nicotine delivery system, they will be given a referral to the Michigan Tobacco Quit Line.
 - 3.2.1. Posters and business size cards are available in every clinic exam room.
 - 3.2.2. The quit line is funded by the Michigan Department of Community Health 1-800-QUIT-NOW (1-800-784-8669) or on line at www.michigan.gov/tobacco.
4. The Nimkee Dental Clinic will make a referral to the PCP (primary care provider) when the patient requests more information and/or NRT (nicotine replacement therapy).
5. The PCP will work with the Nimkee Pharmacists to provide the patient with the appropriate prescription specifically designed to provide the best care and success.