

Inter-Tribal Council of Michigan YOUTH STRENGTHS & NEEDS ASSESSMENT 2020 Survey Results

In 2020, the Inter-Tribal Council of Michigan (ITC of MI) teamed up with six partner communities to assess teen pregnancy prevention and adult preparation programs within the community. Youth from the service area were asked to take a survey about their health risk behaviors, strengths, and needs. The results highlight the attitudes, behaviors, and community factors for youth which may put them at risk for negative health outcomes or be building blocks for success in adulthood. When possible, comparisons to the 2017 survey rates are shared.

PARTICIPANTS



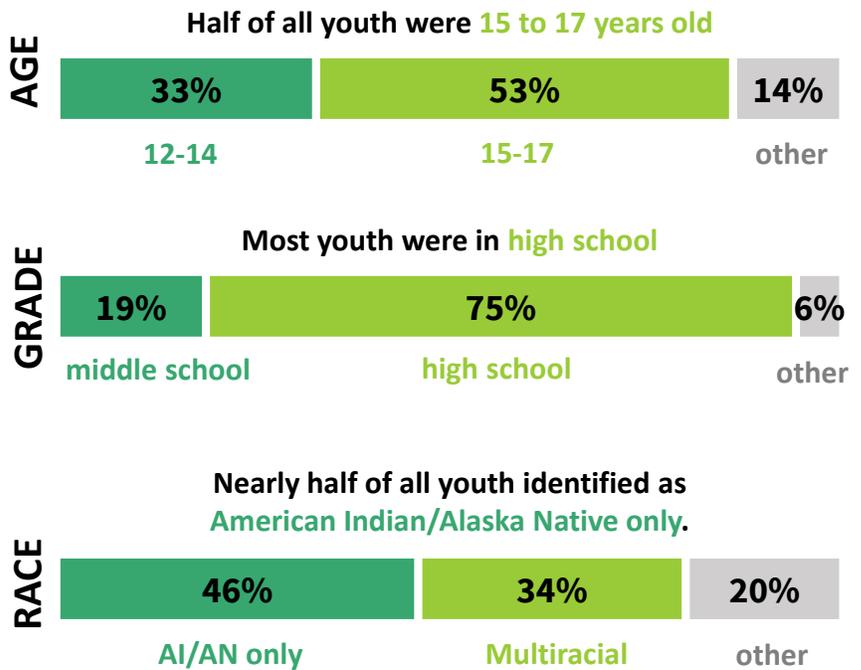
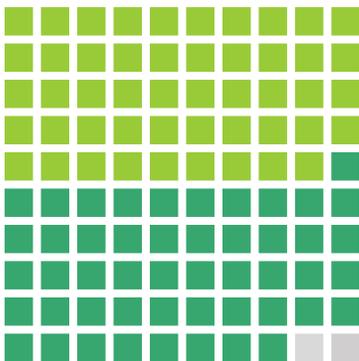
244

youth took the survey

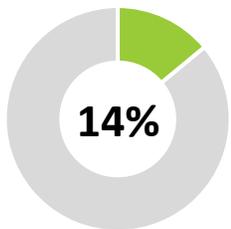
77%

were a member of a tribe

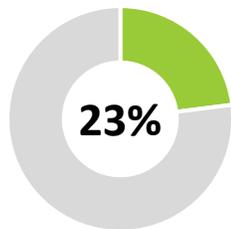
Females and males took the survey equally



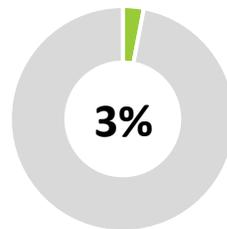
COMMERCIAL TOBACCO USE



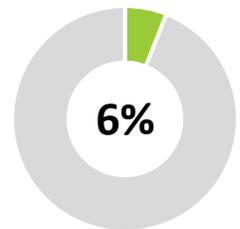
of youth had ever tried smoking a cigarette



of youth had ever used an electronic vapor product



of youth had ever used chewing tobacco

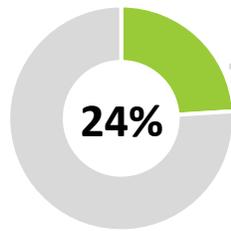


of youth had ever tried smoking a cigar



Since 2017, fewer youth have ever tried smoking cigarettes (26% in 2017), tried chewing tobacco (13% in 2017), or tried smoking a cigar (10% in 2017). The rate of trying electronic vapor products has decreased slightly (25% in 2017).

ALCOHOL & DRUG USE

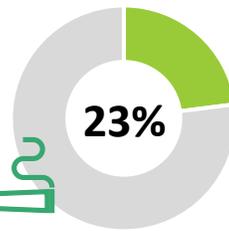


24%
of youth had drunk alcohol at least once

of youth who had drunk alcohol at least once,



18%
had their first drink before the age of 13



23%
of youth had ever used marijuana at least once

of youth who had used marijuana at least once,



21%
tried it for the first time before the age of 13



Since 2017, fewer youth reported ever having drunk alcohol (34% in 2017).

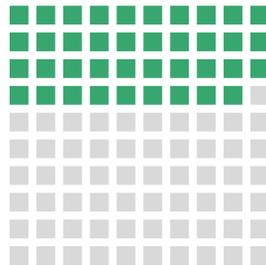


The rate of using marijuana has increased since 2017 (21% in 2017).

DEPRESSION & SELF-HARM



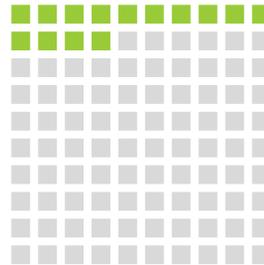
39% of youth identified with signs of depression



Since 2017, the rate of youth that identified with signs of depression has seen a dramatic increase (29% in 2017).

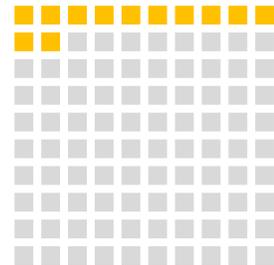
14%

of youth seriously considered attempting suicide in the past year



12%

of youth made a plan about how to attempt suicide in the past year



SEXUAL HEALTH



54%
of youth have talked with a parent about what they expect them to do or not to do when it comes to sex



25%
of youth have had sexual intercourse



43%
of youth did not use a condom the last time they had sex

BULLYING



17%
of youth have been bullied on school property



16%
of youth have been electronically or cyber bullied



23%
of youth have been bullied at home, in school, or both



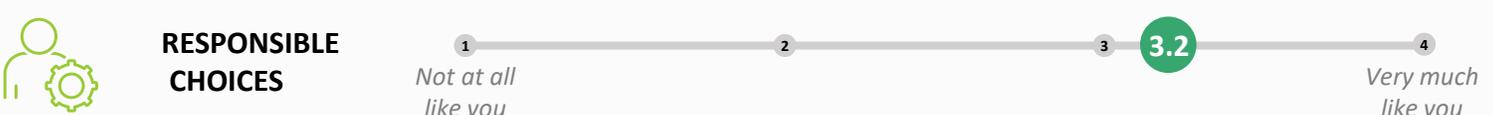
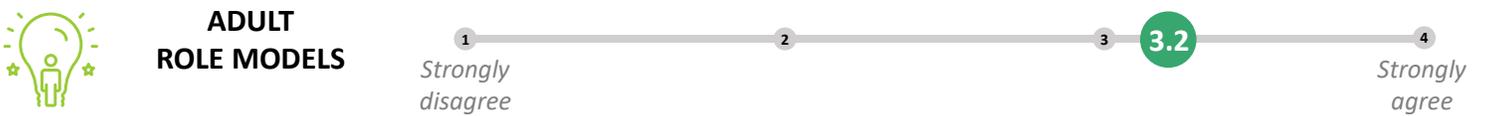
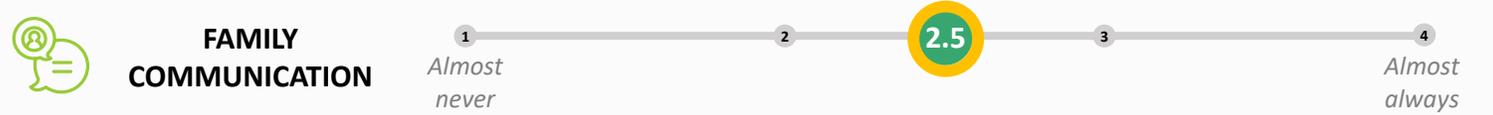
Since 2017, fewer youth have reported being bullied on school property (33% in 2017) or being electronically or cyber bullied (25% in 2017).

STRENGTHS & ASSETS

Youth rated their response to a series of statements in each asset area, on a scale of 1 to 4. The mean scores are shared below, along with labels for each scale. Scores 3 and above indicate assets, and scores below 3 are marked as not assets.

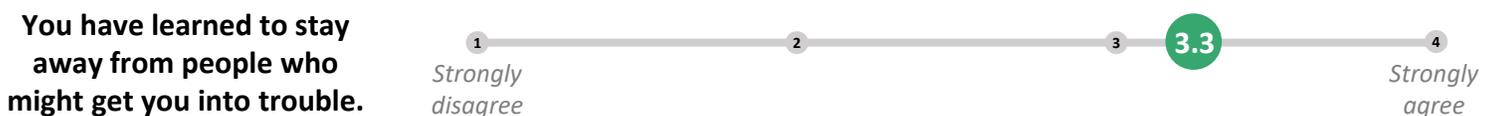
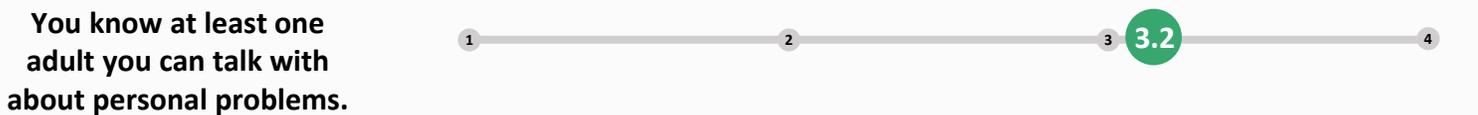
Asset
(3.0-4.0)

Not an asset
(1.0-2.9)



ADULT PREPARATION TOPICS

HEALTHY RELATIONSHIPS





PARENT & CHILD COMMUNICATION

How often do you talk to your mother, father, or legal guardian about your problems?



How often do you talk to an elder or grandparent about your problems?



How often does your mother, father, or legal guardian try to understand your point of view?



How often does your mother, father, or legal guardian tell you he or she loves you and wants good things for you?



EDUCATION & CAREER

How important is it to your family that you continue your education after high school?



As you look to your future, how important is it to you to stay in school?



You want to do well in school.



HEALTHY LIFE SKILLS

You take good care of your body by eating well and exercising.



You can identify the positive and negative consequences of behavior and choose appropriately.





ADOLESCENT DEVELOPMENT

You think you should work to get something, if you really want it.



You know how to organize your time to get all your work done.



You make decisions that help you achieve your goals.



Asset
(3.0-4.0)

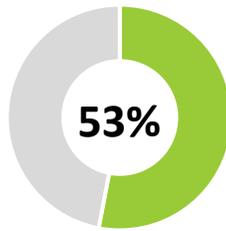
Not an asset
(1.0-2.9)



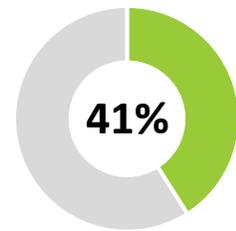
CULTURAL PRACTICES



73%
of youth had learned about traditional tobacco use

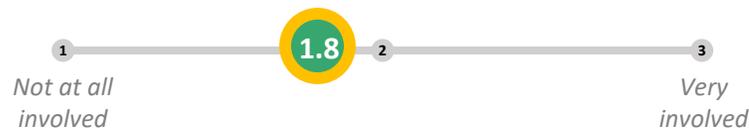


53%
of youth had been taught how to use traditional tobacco



41%
of youth used tobacco for traditional reasons

Youth participation in tribal ceremonies, sacred fires, pow-wows, or cultural events.



Frequency youth attended cultural events in the past 12 months.



Since 2017, about the same amount of youth have learned about and been taught how to use tobacco for traditional reasons. The involvement and frequency in which youth participate in cultural events has decreased (1.9 and 2.1 in 2017).

KEY FINDINGS

The results of this assessment highlight the overall risk behaviors, needs and strengths of youth served by Inter-Tribal Council of Michigan's partners. Future programming and services in the community may consider the following key findings to build upon the strengths, address the risks, and tailor to the level of readiness and unique context of the community:

RISKS & NEEDS

23% of youth have ever tried marijuana	23% of youth have ever used an electronic vapor product	24% of youth have drank alcohol at least once
2 out of 5 youth have signs of depression	23% of youth were bullied at home, in school, or both	1 in 4 youth have had sexual intercourse

STRENGTHS & ASSETS

1 in 2 youth had talked to their parent about expectations around sex	Most youth said doing well in school and continuing their education was extremely important to their family and themselves
Most youth said they had strong adult role models in their life	1 in 2 youth had been taught about the traditional uses of tobacco

ADULT PREPARATION TOPICS

- Teaching skills and giving support to improve parent and child communication is needed.
- Teaching, encouraging and modeling healthy eating and exercise is another area of need.
- Youth suggested they have some assets in the area of healthy relationships which could be built upon, perhaps focusing on relationships with elders and grandparents.
- Youth would benefit from opportunities to get more involved in their communities.

This assessment was conducted by Inter-Tribal Council of Michigan in partnership with Michigan Public Health Institute (MPHI) and Keweenaw Bay Indian Community. Funding to support the Tribal PREP program is provided through the US Department of Health and Human Services (US DHHS) Administration for Children, Youth and Families Tribal Personal Responsibility Education Program Cooperative Agreement #90AT0019. The results presented in this brief is the work of the authors from MPHI and do not represent the US DHHS.

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