



Tribal PREP FY 18-21 Cultural Teachings



Cultural Teachings Background

Cultural Teachings may include puberty teachings, goal setting, introduction to ceremony that supports youth development, and/or introduction to basic historical knowledge and cultural foundations.





Cultural Teachings Background

Activities



» Teachings on:

- » History
- » Historical trauma
- » Ceremonies
- » Cultural foundations
- » How to facilitate a talking circle
- » Native language
- » Dance

» Teachings on:

- » How culture relates to puberty
- » Goal setting
- » Health
- » Healthy relationships
- » Developing digital stories
- » Community service
- » Advocacy

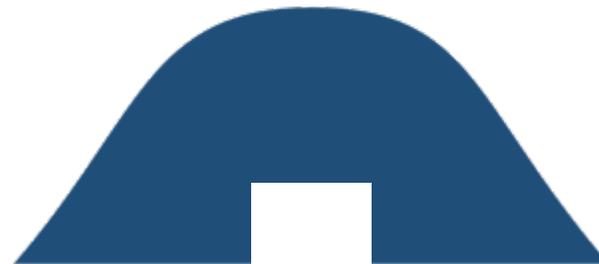


Cultural Teachings Background

Events



- » **Pow Wows**
- » **Sweat lodges**
- » **Seasonal feasts**
- » **Naming ceremonies**
- » **Healings**
- » **Fasting**
- » **Learning lodge**
- » **Ghost suppers**





Cultural Teachings Background

Services (that incorporate Native culture)

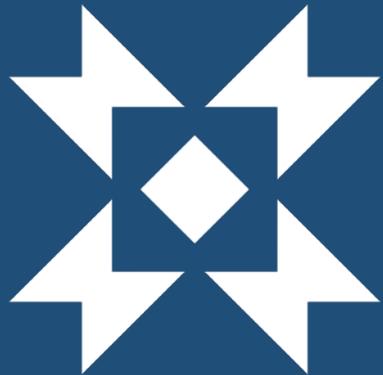
- » **Bullying prevention**
- » **Accessing quality health information**
- » **Suicide prevention/mental health**
- » **Goal setting services that include cultural teachings**



Cultural Teachings Project Description

14

**Cultural
Teachings**



54

**Hours
Provided**



35

Times Met



1499

**Youth
Participants**





Who Delivered the Cultural Teaching?

- » **Behavioral Health Prevention Specialist**
- » **Language and Cultural Instructors**
- » **Health Educators**
- » **Maternal Child Nurse**
- » **Dance Instructor**
- » **Tribal Council Members**
- » **Cultural Committee Members**
- » **Community Members**
- » **Uniting Three Fires Against Violence**
- » **ACFS Prevention**



How Did Youth Participate?

- » **Joined in discussion sharing comments and asking questions (10)**
- » **Led a part of the teaching (2)**
- » **Dancing (3)**
- » **Tried using the smudge during the event**
- » **Prepared Room for Presentation**
- » **Cleaned up after Presentation**
- » **Helped serve food during the event**



Successes

- » **Families were attended the event; youth commented that they enjoyed learning, playing, and making. Several youth commented that they learned how to be respectful and talk to people**
- » **Lots of new knowledge that parents received. Youth also had many questions about the law and teen dating violence and sexting. We were able to cover 5 schools with 14 sessions reaching 917 students**
- » **Since this is a popular topic now a days (boarding schools), the school administrators (after reading the power point presentation) wanted us to give the talks to all students regardless if they were native or not**
- » **The number of youth who participated was high we received positive feedback from youth and parents about being able to provide this to youth during the pandemic and closures, and about the content. Youth got to hear the teaching and also see the dance**
- » **The period and puberty kits were very popular with the community almost everyone at the event picked up a kit**
- » **Youth who attended really enjoyed all the teachings. They had a lot of questions and much of the boys presentation was a result of the participant questions. Everyone stated multiple things they learned at the end and there were connections made for follow-up information and questions.**
- » **Youth who participated stayed for the entire event and seemed to enjoy it; community members would like to make it an annual multi-generational event including collaboration with other tribal departments**



Challenges

- » **Learning to collaborate with I.T. for the live webcast.**
- » **There are never enough youth present. Wish more would have come. It may be that they thought that the presentations they heard at school during the day would be the repeat message. Not sure.**
- » **There were a lot of groups requesting the presentation, but given the times that each school wanted, made it impossible to honor every school's request.**
- » **Weather and advertising lead to lower attendance than expected**
- » **Learning new platforms in which to engage the youth and get feedback and surveys. Also getting the information out to youth**
- » **Just the time it took to get the video done and ready to distribute but it all worked out**



Adult Preparation Subject Addressed

- » **Healthy Life Skills** (8)
- » **Healthy Relationships** (5)
- » **Parent and Child Communication** (5)
- » **Adolescent Development** (2)
- » **Education and Career** (1)



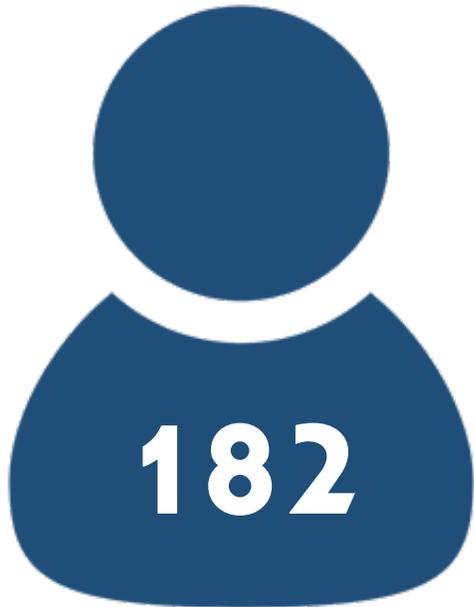
Youth Assets Addressed

- » **Community Involvement** (9)
- » **Non-Parental Adult Role Models** (8)
- » **Peer Role Models** (8)
- » **Family Communication** (7)
- » **Making Responsible Choices** (7)
- » **Future Aspirations** (3)

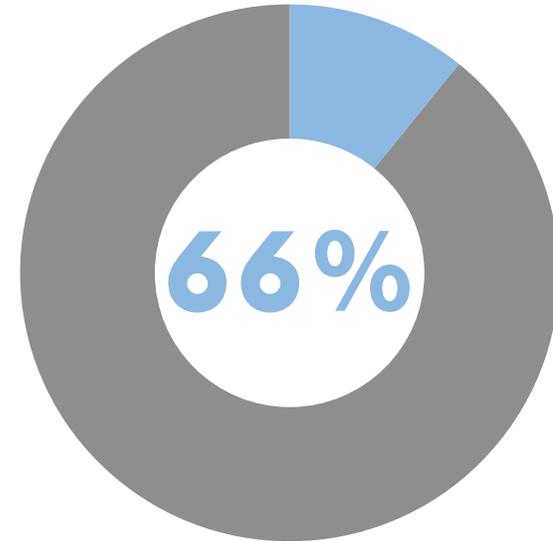


Youth Survey Results

Responses



Youth Survey Respondents



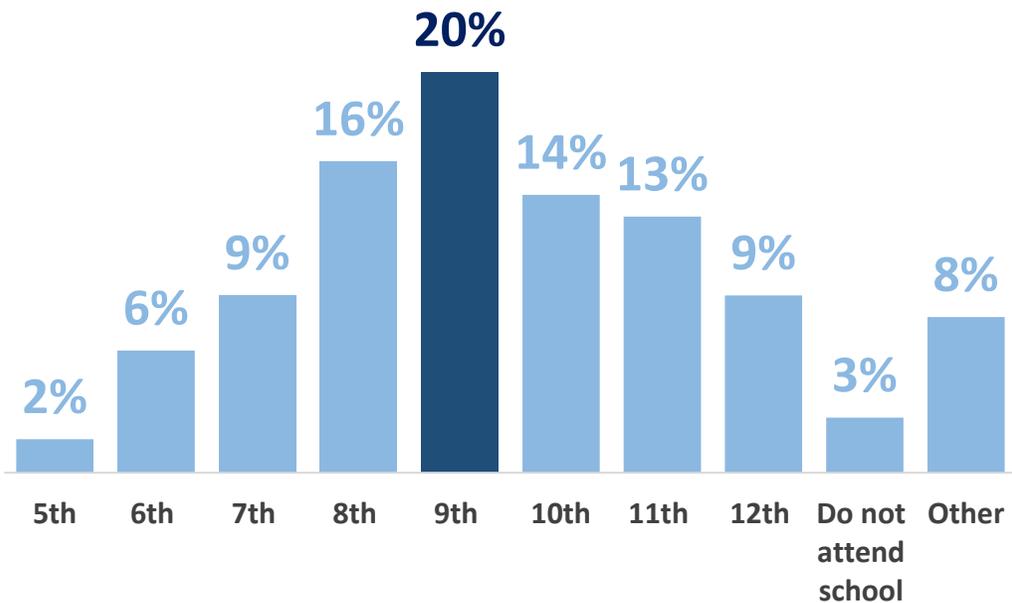
Response Rate



Youth Survey Results

Demographics

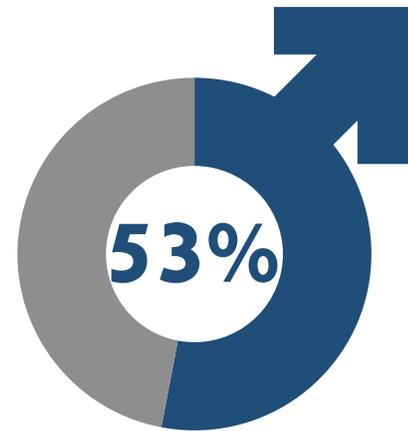
Grade



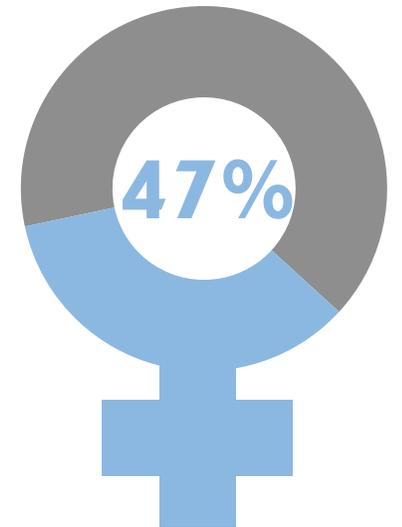
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Average Age

(Range 10-19 years)



Male

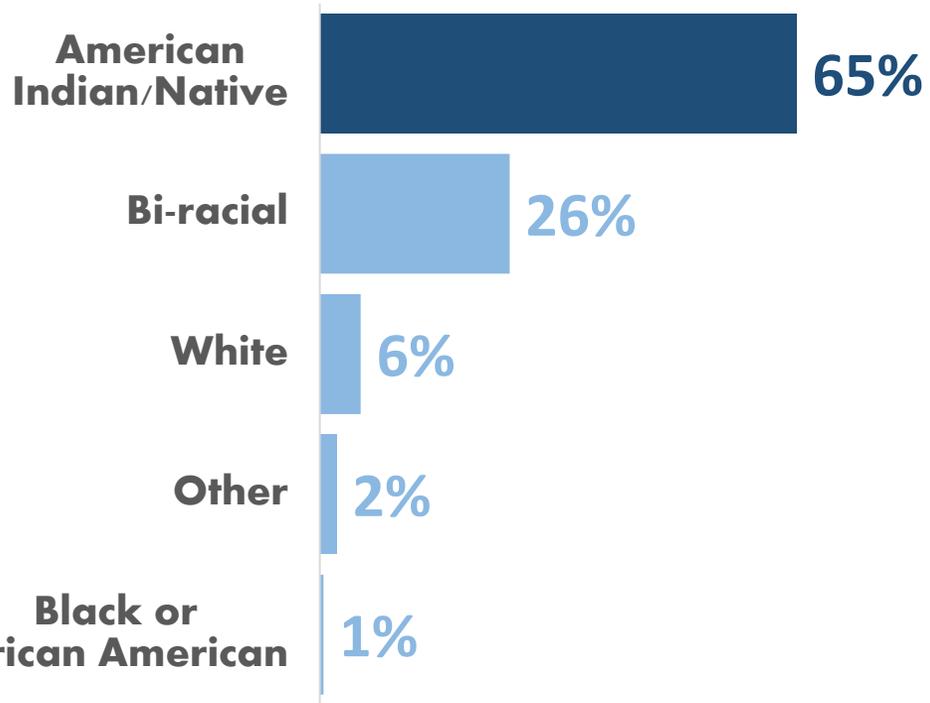


Female

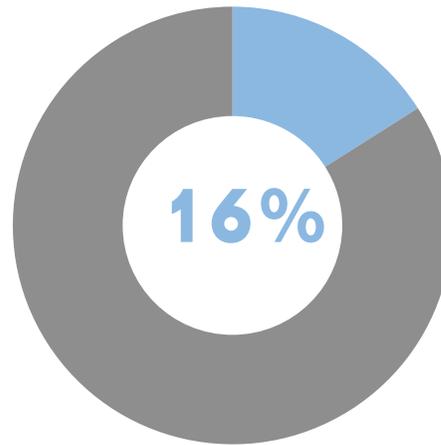


Youth Survey Results

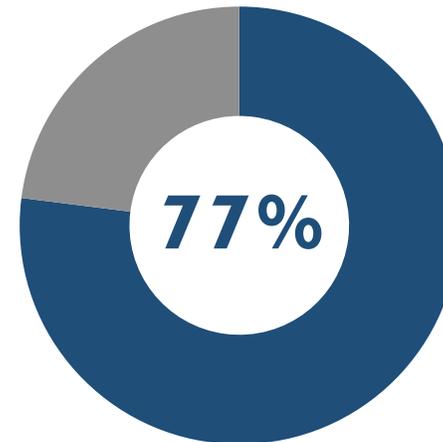
Demographics



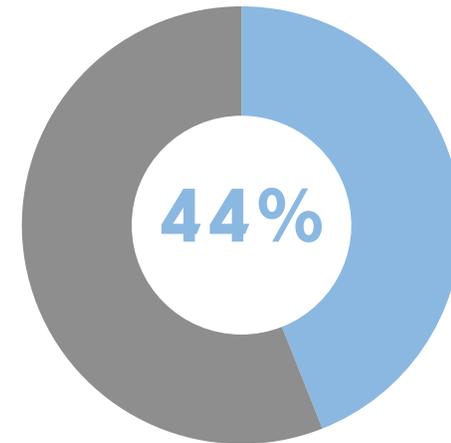
Hispanic



Tribal Member



We R Native Participant



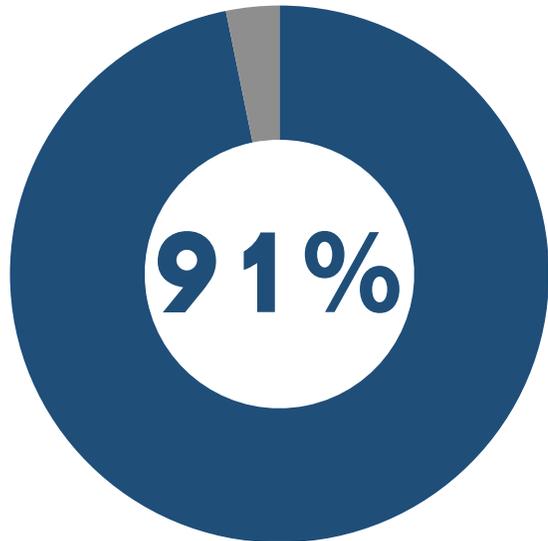


Youth Survey Results

Participation

Participated in Tribal Activities

(reported somewhat or very involved)



Tribal Activities in past year

85% reported **1** or more

24% reported **5** or more

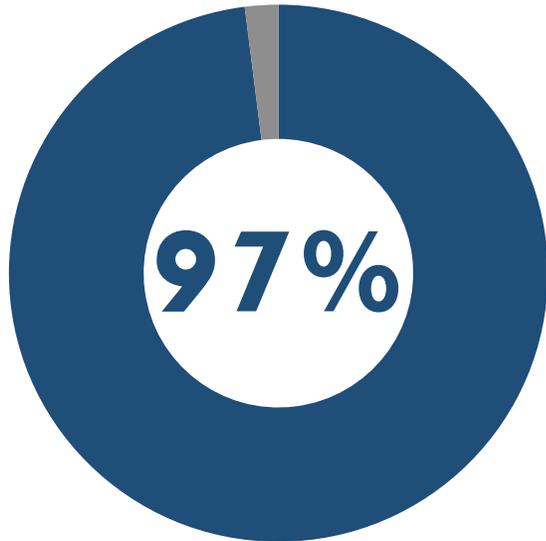


Youth Survey Results

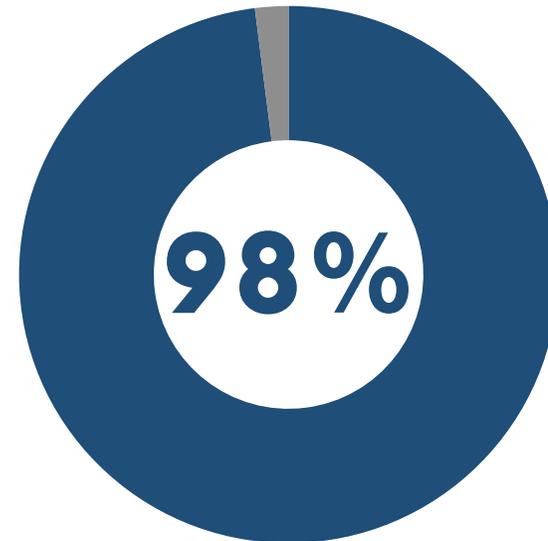
Native Identity



See themselves as Native



Interested in Learning more about their culture

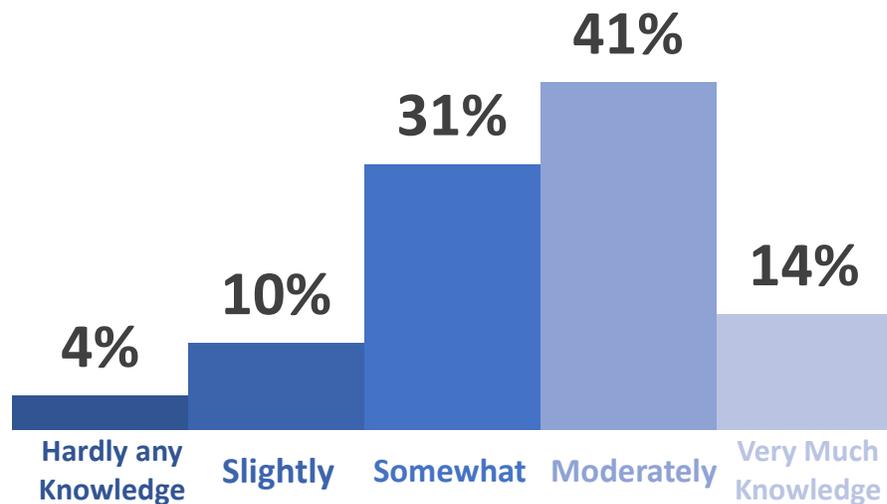


(Only individuals who identified as Native)

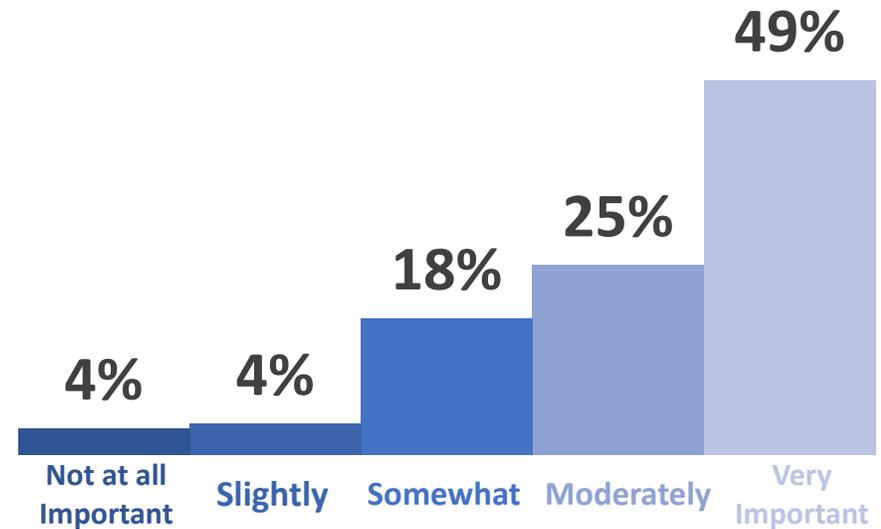
Youth Survey Results

Native Identity

» How much do you know about your Native American culture?



» How important is it to you to maintain your Native American identity, values, and practices?



(Only individuals who identified as Native)



Youth Survey Results

What Did Youth Learn?



- » **Respect**
- » **How to make and throw a snow snake**
- » **Practice makes perfect**
- » **To be aware and responsible**
- » **To get tested**
- » **To have people to talk to**
- » **To be safe**
- » **How to use contraceptives**
- » **Pregnancy prevention**
- » **The signs of depression, suicide and other mental health concerns**



Youth Survey Results

What Did Youth Like?



» **Playing basketball**



» **Being with friends**



» **The teen parent panel**



» **Hearing stories**



» **Learning about being safe**

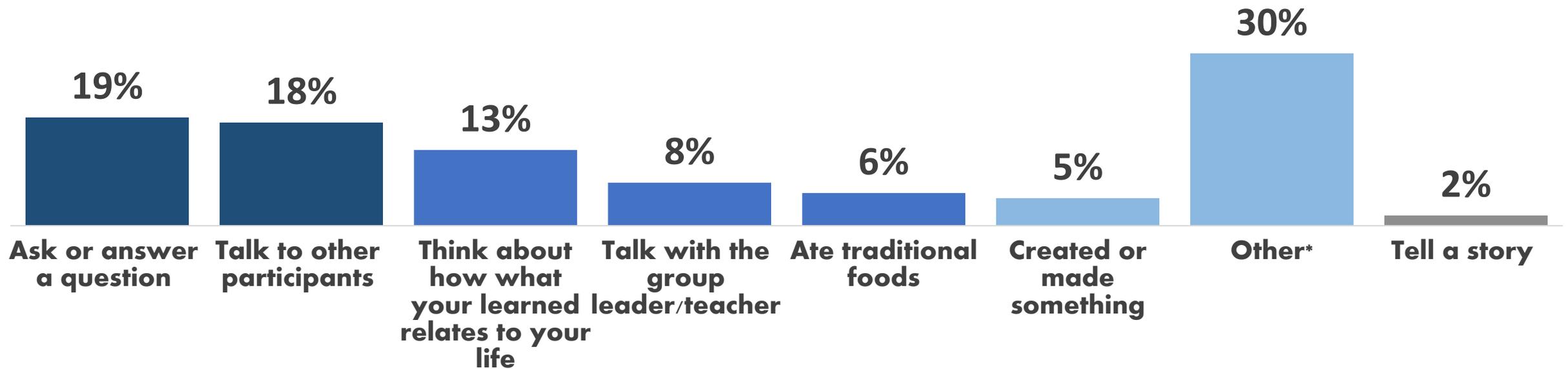


» **Seeing and using snow snakes**



Youth Survey Results

How Did Youth Participate?



***Other includes: played basketball, helped around, thought about the activity a lot, attended activity online**